

## Virginia Walmart Shooting November 23<sup>rd</sup>, 2022

### **Office of the Governor Glenn Youngkin**

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Richmond, VA 23219

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[Governor Glenn Youngkin | Governor.Virginia.gov](#)

[Governor Glenn Youngkin \(@GovernorVA\) / Twitter](#)

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[Governor Glenn Youngkin \(@glennyoungkin\) • Instagram photos and videos](#)

*Posted on Facebook on November 23<sup>rd</sup>, 2022*

*Our hearts break with the community of Chesapeake this morning. I remain in contact with law enforcement officials throughout this morning and have made available any resources as this investigation moves forward. Heinous acts of violence have no place in our communities.*

### **Office of the Mayor Rick West**

306 Cedar Road

Chesapeake, VA 23322

(757)-382-6153

[Mayor Rick West \(cityofchesapeake.net\)](#)

[City of Chesapeake Government | Chesapeake VA | Facebook](#)

[Profile / Twitter](#)

*Posted on Twitter on November 23, 2022*

*We are devastated by the tragic incident that took place in our community last night. Please join us in praying for all affected. For continued updates, please follow us on Twitter: [www.twitter.com/AboutChesapeake](https://www.twitter.com/AboutChesapeake). Here's a message from Mayor Rick West.*

*I am devastated by the senseless act of violence that took place late last night in our city. My prayers are with all those affected-the victims, their friends, and their coworkers. I am grateful for the quick actions taken by our first responders who rushed to the scene. Chesapeake is a tightknit community, and we are all shaken by this news. Together, we will support each other throughout this time. Please keep us in your prayers.*

*Chesapeake Mayor Rick W. West*

## **Chesapeake Integrated Behavioral Healthcare (CIBH)**

224 Great Bridge Boulevard

Chesapeake, VA 23320

(757) 548-7000 24/7 Emergency Crisis Intervention Hotline

[Chesapeake Integrated Behavioral Healthcare \(CIBH\) \(cityofchesapeake.net\)](http://cityofchesapeake.net)

<social media links>

## **Chesapeake City Police Department**

949 George Washington Highway N

Chesapeake, VA 23323

(757) 382-6161

[City of Chesapeake, Virginia](http://City of Chesapeake, Virginia)

[Chesapeake Police Department | Chesapeake VA | Facebook](#)

[Chesapeake Police \(@ChesapeakePD\) / Twitter](#)

*Posted on Website on 11/22*

*Active Shooter Incident: Chesapeake Police confirm seven fatalities following an active shooter event that took place after 10:00 p.m. on Tuesday, November 22, at the Walmart on Sam's Circle in Chesapeake. The shooter is one of the seven deceased. A family reunification center is set up at the Chesapeake Conference Center (700 Conference Center Drive). This site is only for immediate family members or the emergency contact of those who may have been in the building. Visit this webpage for the latest updates.*

*Updates on Shooting at Walmart on Sam's Circle*

*Chesapeake Police confirm seven fatalities following an active shooter event that took place after 10:00 p.m. on Tuesday, November 22, at the Walmart on Sam's Circle in Chesapeake. The shooter is one of the seven deceased. A family reunification center is set up at the Chesapeake Conference Center (700 Conference Center Drive). This site is only for immediate family members or the emergency contact of those who may have been in the building.*

*Updates:*

*November 23, 10:23 a.m.: The FBI has set up a tip hotline to gather information related to last night's Walmart shooting. If you have any information to share, please call 1-800-CALL-FBI.*

*November 23, 9:33 a.m.: Rumors of an active shooter at Target in Chesapeake are UNTRUE. Please help us control rumors by only sharing information from our Twitter account.*

*November 23, 4:30 a.m.: Chesapeake Police confirm seven fatalities, including the shooter, from last night's shooting at Walmart on Sam's Circle.*

*November 23, 3:21 a.m.: A news conference in response to the Walmart active shooter will be held at 8 a.m. on Wednesday, November 23, at the Public Safety Operations Center, 2130 S Military Hwy.*

*November 23, 12:32 a.m.: A family reunification site is set up at the Chesapeake Conference Center, 700 Conference Center Drive. This site is only for immediate family members or the emergency contact of those who may have been in the building.*

*November 23, 12:02 a.m.: Chesapeake Police confirm an active shooter incident with fatalities at the Walmart on Sam's Circle. The shooter is deceased. Follow us on Twitter for the only official updates. Our first responders are well-trained and prepared to respond; please give them space to do so.*

### **United Way/211 Information and Referrals Lines**

These information and referral lines may know of additional resources currently providing assistance, such as food pantries, clothing closets, emergency shelters, and agencies offering financial assistance. Please call and provide your zip code and demographic information in order to receive referrals.

2-1-1 Virginia

Call 211 or (800) 230-6977

Text CONNECT to 247211

[2-1-1 Virginia \(211virginia.org\)](https://211virginia.org)

[The Virginia Department of Social Services | Facebook](#)

[VA Social Services \(@VDSS\) / Twitter](#)

### **National Suicide Prevention Lifeline**

(800) 273-8255

<https://suicidepreventionlifeline.org>

(Note for WLA – sometimes they offer specific resources as well related to the incident.)

### **Substance Abuse & Mental Health Services Administration**

#### **Disaster Distress Helpline**

(800) 985-5990

National mental health helpline that is available to those who have experienced a natural or human caused disaster. The helpline is available 24 hours per day, 7 days per week. The counselors can provide support and referrals to local resources.

### **Suggestions for Meditation and Breathing Apps**

Insight Timer – Available for iOS and Android  
UCLA Mindful - Available for iOS and Android  
Smiling Mind - Available for iOS and Android  
Sanvello - Available for iOS and Android  
Stop, Think & Breathe - Available for iOS and Android  
Headspace - Available for iOS and Android  
Calm - Available for iOS and Android  
Simple Habit - Available for iOS and Android

### **Helpful Articles and Resources**

- **National Institute of Mental Health**  
Coping with Traumatic Events  
[NIMH » Coping With Traumatic Events \(nih.gov\)](https://www.nimh.nih.gov/health/topics/traumatic-stress-disorders/traumatic-stress-disorders-qa.shtml)
- **Centers for Disease Control and Prevention (CDC)**  
“Coping with a Traumatic Event”  
[Microsoft Word - coping.doc \(cdc.gov\)](https://www.cdc.gov/trauma/traumatic-stress-and-mental-health/coping-with-a-traumatic-event.html)
- **American Psychological Association**  
“How to talk to children about difficult news”  
[How to talk to children about difficult news \(apa.org\)](https://www.apa.org/press-releases/2017/04/10/how-to-talk-to-children)
- **American Academy of Child & Adolescent Psychiatry**  
[Disaster and Trauma Resource Center \(aacap.org\)](https://www.aacap.org/trauma)

**Free Help Line:** Optum, a leading health and behavioral health services company, is offering a free emotional-support help line.

The toll-free number, 866-447-3573, will be open Monday-Friday, 8am-8pm CST. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters.

Along with the toll-free help line, emotional-support resources and information are available online at <https://www.liveandworkwell.com>