



Charlotte NC Shooting April 30th, 2024

Office of the Governor

Office of the Governor Roy Cooper
20301 Mail Service Center
Raleigh, NC 27669
(919) 814-2000

[home-page](#) | [NC Gov. Cooper](#)

[Governor Roy Cooper](#) | [Facebook](#)

[Governor Roy Cooper \(@NC_Governor\)](#) / [X \(twitter.com\)](#)

4/30/17-Social Media Post

“Our hearts are with the families and co-workers of officers in today’s brutal attack, including two state Department of Adult Correction officers working with the US Marshal’s Task Force who were shot and killed. – RC”

Office of the Mayor

Office of the Mayor Vi Lyles
600 E. Fourth ST
Charlotte, NC 28202
(704) 336-2241

[Meet the Mayor - City of Charlotte \(charlottenc.gov\)](#)

[City of Charlotte Government](#) | [Facebook](#)

4/30/24-Social Media Post

*“Today is a heavy day. The last 24 hours have truly been heartbreaking for all. We are continuing to support and lean on our law enforcement community as we navigate yesterday’s tragic attack on officers. My prayers go out to the family and friends of CMPD Officer Joshua Eyer and the families of the three other officers killed yesterday afternoon. Officer Eyer, North Carolina Department of Corrections Officers Samuel Poloche and William Elliott and U.S. Marshals Deputy Thomas Weeks made the ultimate sacrifice. Their lives and service will never be forgotten.
- CMPD Chief Johnny Jennings”*

Local Mental Health Crisis Line

NC Department of Health and Human Services Crisis Services

2001 Mail Service Center

Raleigh, NC 27699

Statewide Peer Warmline Available 24/7: (855) 733-7762

Crisis Intervention Team (CIT): text 988 or chat at [988 Suicide & Crisis Lifeline - Call.](#)

[Text. Chat. \(988lifeline.org\)](#)

[NC DHHS: Crisis Services](#)

Local Police Department

Charlotte-Mecklenburg Police Department

601 E Trade St

Charlotte, NC 28202

(704) 336-7600

[Home - Charlotte-Mecklenburg Police Department \(charlottenc.gov\)](#)

[Charlotte-Mecklenburg Police Department | Charlotte NC | Facebook](#)

[CMPD News \(@CMPD\) / X \(twitter.com\)](#)

United Way/211 Information and Referrals Lines

These information and referral lines may know of additional resources currently providing assistance, such as food pantries, clothing closets, emergency shelters, and agencies offering financial assistance. Please call and provide your zip code and demographic information in order to receive referrals.

NC 2-1-1

Call 211 or (888) 892-1162

[NC 211](#)

National Suicide Prevention Lifeline

(800) 273-8255

[988 Suicide & Crisis Lifeline - Call. Text. Chat. \(988lifeline.org\)](#)

Substance Abuse & Mental Health Services Administration Disaster Distress Helpline

(800) 985-5990

National mental health helpline that is available to those who have experienced a natural or human caused disaster. The helpline is available 24 hours per day, 7 days per week. The counselors can provide support and referrals to local resources.

Suggestions for Meditation and Breathing Apps

- Self Care by AbleTo - Available for iOS and Android
- UCLA Mindful - Available for iOS and Android
- Smiling Mind - Available for iOS and Android

Helpful Articles and Resources

- **National Institute of Mental Health**
Coping with Traumatic Events
[NIMH » Coping With Traumatic Events \(nih.gov\)](https://www.nimh.nih.gov/health/publications/coping-with-traumatic-events/)
- **Centers for Disease Control and Prevention (CDC)**
“Coping with a Traumatic Event”
[Coping with a Disaster or Traumatic Event \(cdc.gov\)](https://www.cdc.gov/trauma/2014/04/coping-with-a-disaster-or-traumatic-event/)
- **American Psychological Association**
“How to talk to children about difficult news”
[How to talk to children about difficult news \(apa.org\)](https://www.apa.org/press-releases/2014/04/23/children-news)
- **American Academy of Child & Adolescent Psychiatry**
[Disaster and Trauma Resource Center \(aacap.org\)](https://www.aacap.org/trauma)

Free Help Line

Optum, a leading health and behavioral health services company, is offering a free emotional-support help line.

The toll-free number, 866-447-3573, will be open Monday-Friday, 8am-8pm Central Time. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters.

Along with the toll-free help line, emotional-support resources and information are available online at: <https://www.liveandworkwell.com>.