

California Half Moon Bay Shootings January 24th, 2023

Office of the Governor Gavin Newsom

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Posted on Twitter on January 23, 2023

As we cope with the tragic events in Monterey Park, our thoughts are with the victims & families of another shooting - this time in Half Moon Bay. People should be able to live without fear in their daily lives.

Office of the Mayor Deborah Penrose

501 Main Street

Half Moon Bay, CA 94019

(650) 726-5270

[Half Moon Bay, CA | Official Website \(half-moon-bay.ca.us\)](http://half-moon-bay.ca.us)

[City of Half Moon Bay - Local Government | Facebook](#)

Posted on Twitter on January 23rd, 2023

The shooting that took place on the Coastsides today was a horrific event that has shocked our community, and our hearts go out to all individuals and families affected.

This unimaginable event has shaken everyone to their core in the close-knit Coastsides community. It's something that we would never expect to happen here. We mourn the loss of those whose lives were taken by this horrendous act and send our condolences to their loved ones.

The situation continues to unfold, and there is much that we simply do not know. In the coming days, as we learn more, we will come together to heal and take the necessary steps to ensuring that the safety of the community remains a top priority.

"My colleagues and I on the Half Moon Bay City Council are appalled and saddened at this terrible incident, which has completely shocked our community. Our deepest sympathies are with the families and individuals who have been devastated by this horrendous act. We share in their pain and know that our community members are also keeping the victims and their families in their hearts," said Mayor Deborah Penrose. "Now more than ever it's important for the community to come together and be there for one another."

The City of Half Moon Bay will continue working closely with the San Mateo County Sheriff's Office. Anyone with information about this incident is encouraged to contact Detective Deschler at 1-800-547-2700.

A family reunification center has been set up at the IDES Hall, 735 Main St., Half Moon Bay. We thank the community who has brought donations, but respectfully ask that donated goods are held at this time. Financial donations are being accepted by ALAS (Ayudando Latinos A Sonar) and can be made at <https://www.alasdreams.com/>.

San Mateo County Mental Health

2000 Alameda de Las Pulgas

Ste 200

San Mateo, CA 94403

(650) 573-3571

24/7 Crisis Hotline: (650) 579-0350

<https://sanmateocrisis.org>

[BHRIS Contacts - San Mateo County Health \(smchealth.org\)](https://www.smchealth.org)

[San Mateo County Health \(@SMCHHealth\) / Twitter](#)

[San Mateo County Health | San Mateo CA | Facebook](#)

Posted on Twitter on January 23rd, 2023

County Health mourns the victims of today's shooting and will offer support to our neighbors and friends in Half Moon Bay.

Half Moon Bay Police Department

537 Kelly Ave

Half Moon Bay, CA 94019

(650) 726-8288

[Law Enforcement | Half Moon Bay, CA \(half-moon-bay.ca.us\)](http://half-moon-bay.ca.us)

From Mayor's Press release on January 23rd, 2023

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United Way/211 Information and Referrals Lines

These information and referral lines may know of additional resources currently providing assistance, such as food pantries, clothing closets, emergency shelters, and agencies offering financial assistance. Please call and provide your zip code and demographic information in order to receive referrals.

2-1-1 Bay Area

Call 211 or (800) 273-6222

Text your zip code to 898-211

[211 Bay Area Information & Referral Services](#)

[211 Bay Area \(@211BayArea\) / Twitter](#)

National Suicide Prevention Lifeline

(800) 273-8255

<https://suicidepreventionlifeline.org>

(Note for WLA – sometimes they offer specific resources as well related to the incident.)

Substance Abuse & Mental Health Services Administration

Disaster Distress Helpline

(800) 985-5990

National mental health helpline that is available to those who have experienced a natural or human caused disaster. The helpline is available 24 hours per day, 7 days per week. The counselors can provide support and referrals to local resources.

Suggestions for Meditation and Breathing Apps

Insight Timer – Available for iOS and Android

UCLA Mindful - Available for iOS and Android

Smiling Mind - Available for iOS and Android

Sanvello - Available for iOS and Android

Stop, Think & Breathe - Available for iOS and Android

Headspace - Available for iOS and Android

Calm - Available for iOS and Android

Simple Habit - Available for iOS and Android

Helpful Articles and Resources

- **National Institute of Mental Health**
Coping with Traumatic Events
[NIMH » Coping With Traumatic Events \(nih.gov\)](#)
- **Centers for Disease Control and Prevention (CDC)**
“Coping with a Traumatic Event”
[Microsoft Word - coping.doc \(cdc.gov\)](#)
- **American Psychological Association**
“How to talk to children about difficult news”
[How to talk to children about difficult news \(apa.org\)](#)
- **American Academy of Child & Adolescent Psychiatry**
[Disaster and Trauma Resource Center \(aacap.org\)](#)

Free Help Line: Optum, a leading health and behavioral health services company, is offering a free emotional-support help line.

The toll-free number, 866-447-3573, will be open Monday-Friday, 8am-8pm CST. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters.

Along with the toll-free help line, emotional-support resources and information are available online at <https://www.liveandworkwell.com>