Optum

Utah Valley University Shooting September 11, 2025

Office of the Governor

Governor Spencer J. Cox 350 N. State Street Suite 200 Salt Lake City, UT 84114 (801) 538-1000 Governor Spencer J. Cox Gov. Spencer J. Cox x.com/GovCox

Posted on social media websites on September 10, 2025.

"I just got off the phone with President Trump. Working with the FBI and Utah law enforcement, we will bring to justice the individual responsible for this tragedy. Abby and I are heartbroken. We are praying for Charlie's wife, daughter, and son.

I have ordered the flags of the United States of America and the great state of Utah to be flown at half-staff on all state facilities in recognition of the tragic passing of Charlie Kirk, who was shot and killed this afternoon while speaking at Utah Valley University.

Flags should be lowered to the half-staff position and remain in the half-staff position until sunset on Sunday, September 14th, 2025.

I extend this invitation to all private citizens, businesses, and other organizations."

Office of the Mayor

Mayor David Young
56 N State Street
Orem, UT 84057
(801) 724-3803

Mayor & City Council – City of Orem
City of Orem Government | Orem UT | Facebook
City of Orem (@orem_city) • Instagram photos and videos

Posted on social media websites on September 10, 2025.

"We are devastated by today's events. This type of violence should never happen anywhere, let alone in our community. This is in direct opposition to our values, which include family, unity, respect and faith. We are praying for Charlie and his family at this time."

Local Mental Health Crisis Line

Wasatch Behavioral Health Mobile Crisis Outreach Team (MCOT) 1175 East 300 North Provo, Utah 84606 (801) 852-2131

Local Police Department

Orem Police Department
95 E Center St
Orem, UT 84057
(801) 229-7070
City of Orem – Family City USA
Orem Police Department | Orem UT | Facebook
Police – City of Orem

Utah Valley University

Press release issued by the University on September 10, 2025:

"Dear UVU Community,

On behalf of Utah Valley University, we are shocked and saddened by the tragic passing of Charlie Kirk, a guest to our campus. Our hearts go out to his family. As we grieve with our students, faculty, and staff who bore witness to this unspeakable tragedy, UVU campuses will be closed from September 11-14. All classes (in-person or virtual), campus events, and administrative operations will be suspended during this time. Please plan accordingly and make any necessary adjustments to your schedules.

Students — coursework, assignment deadlines, and exams will be delayed to accommodate the campus closure.

Faculty and supervisors, thank you for being flexible as we navigate through this difficult time. We encourage you to reach out to your students and employees with updates about expectations.

All employees (full-time or part-time) will still receive regular compensation during the campus closure. Additional information will be forthcoming regarding mental health support to students, faculty, and staff.

We appreciate your understanding and invite the campus community to demonstrate exceptional care towards one another at this time.

Warm regards,
Astrid S. Tuminez
President, Utah Valley University
Wayne Vaught
Provost
Michelle Kearns
Vice President, Student Affairs
Kyle Cullimore
UVUSA Student Body President
Marilyn Meyer
Vice President, People & Culture"

United Way/211 Information and Referrals Lines

These information and referral lines may know of additional resources currently providing assistance, such as food pantries, clothing closets, emergency shelters, and agencies offering financial assistance. Please call and provide your zip code and demographic information in order to receive referrals.

Utah 2-1-1
<u>Find Resources and Help with Utah 211</u>
Call 211 or (801) 845-2211

National Suicide Prevention Lifeline

(800) 273-8255

988 Lifeline - If you need emotional support, reach out to the national mental health hotline: 988.

Substance Abuse & Mental Health Services Administration Disaster Distress Helpline

(800) 985-5990

National mental health helpline that is available to those who have experienced a natural or human caused disaster. The helpline is available 24 hours per day, 7 days per week. The counselors can provide support and referrals to local resources.

Suggestions for Meditation and Breathing Apps

Calm - Available for iOS and Android

Helpful Articles and Resources

- National Institute of Mental Health
 Coping with Traumatic Events National Institute of Mental Health (NIMH)
- Centers for Disease Control and Prevention (CDC)
 "Coping with a Disaster or Traumatic Event"
 Coping with a Disaster or Traumatic Event
- American Psychological Association
 "How to talk to children about difficult news"
 How to talk to children about difficult news
- American Academy of Child & Adolescent Psychiatry
 Disaster and Trauma Resource Center
- Coping with Trauma
 Coping-with-Trauma.pdf
- Building Resilience to Cope with Trauma
 Building-Resilience-to-Cope-with-Trauma (1).pdf
- Managing Your Distress in the Aftermath of a Shooting Managing Your Distress in the Aftermath of a Shooting (1).pdf

Free Help Line

Optum, a leading health and behavioral health services company, is offering a free emotional-support help line.

The toll-free number, 866-447-3573, will be open Monday-Friday, 8am-8pm Central Time. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters.

Along with the toll-free help line, emotional-support resources and information are available online at: https://www.liveandworkwell.com.