



North Carolina Northeast Winter Storm 1/30/2026

Office of the Governor

Josh Stein

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1/29/2026

"Today Governor Stein thanked NCDOT crews who have been working hard to clear the roads and keep North Carolinians safe. The Governor also issued a new [State of Emergency](#) to ensure the state qualifies if federal assistance is needed to respond or recover from this winter weather event and to activate the State Emergency Response Team ahead of the storm's arrival on Saturday morning. The State Emergency Response Team assists affected communities with any response needs. Additionally, the Governor provided an update on state preparations and guidance for navigating this weekend's winter weather. He was joined by NC Emergency Management Director Will Ray and NC Department of Transportation Secretary Daniel Johnson.

"As another round of winter weather moves into North Carolina, this time possibly bringing snow, I urge everyone to stay alert and take precautions," **said**

Governor Josh Stein. "Our emergency management teams and NCDOT crews continue to work around the clock, and I'm grateful for their continued dedication to keeping North Carolinians safe. Please continue to use caution when driving and follow the same safety steps that helped keep people safe last weekend."

"Once again much of North Carolina is forecast to receive wintry weather and it's important to be prepared," **said NC Emergency Management Director Will Ray.**

"While the forecast for this weekend's storm is expected to be primarily snow, it is important to remember that travel conditions may become treacherous, and it's safest to just stay home to let first responders, the NCDOT, the NC National Guard, and the State Highway Patrol safely work. With continued cold temperatures, please focus on personal and family preparedness

and continue to check in on those in your neighborhood or community who may need support."

"Most road-clearing work from last weekend's storm is complete and we started pre-treating roads with brine yesterday so we're ready for what this next storm brings," **said State Transportation Secretary Daniel Johnson**. "We expect major impacts to our roads this weekend and into next week due to the expected cold temperatures. Once this storm hits, play it safe and stay off the roads until conditions improve."

To prepare for winter weather, North Carolina Emergency Management officials recommend these tips:

- Pay close attention to your local forecast and be prepared for what's expected in your area.
- Keep cell phones, mobile devices, and spare batteries charged.
- Use a National Oceanic and Atmospheric Administration (NOAA) weather radio or a weather alert app on your phone to receive emergency weather alerts.
- Dress warmly. Wear multiple layers of thin clothing instead of a single layer of thick clothing.
- Store an emergency kit in your vehicle if you must travel. Include scraper, jumper cables, tow chain, sand/salt, blankets, flashlight, first-aid kit, and road map.
- Gather emergency supplies for your pet, including leash and care supplies, enough food for several days, and a pet travel carrier. Do not leave pets outside for long periods of time during freezing weather.
- Look out for your friends, neighbors, and the elderly during winter weather.

If your power goes out:

- Ensure generators are operated outside and away from open windows or doors to prevent carbon monoxide poisoning.
- Never burn charcoal indoors or use a gas grill indoors.
- Properly vent kerosene heaters.
- Use battery-powered sources for light, instead of candles, to reduce the risk of fire.

If it snows, have fun.

Visit [ReadyNC.gov](https://www.readync.gov) for more information on winter weather safety and preparation. For real-time travel information, visit [DriveNC.gov](https://www.driveNC.gov), or [follow NCDOT on social media](#).

[Click here to read Governor Stein's executive order.](#)

Contact

govpress@nc.gov

Office of Emergency Management and Homeland Security Agency

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1636 Gold Star Drive
Raleigh, NC 27606
919-825-2500

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American Red Cross

North Carolina Regional Headquarters
2425 Park Rd
Charlotte, NC 28203
704-376-1661

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Department of Transportation

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United Way/211 Information and Referrals Lines

These information and referral lines may know of additional resources currently providing assistance, such as food pantries, clothing closets, emergency shelters, and agencies offering financial assistance. Please dial 2-1-1 and provide your zip code and

demographic information in order to receive referrals. Information can also be obtained at [Call 211 for Essential Community Services | United Way 211](#).

United Way North Carolina
1130 Killdaire Farm Rd
Suite 100
Cary, NC 27511
(919) 834-5200

Federal Emergency Management Agency (FEMA)

(800) 621-3362

[FEMA.gov](https://www.fema.gov)

Please visit the website and click on “*Disaster Declarations*”. If a disaster is declared, please call to apply for assistance by phone, or visit: [Individual Assistance | FEMA.gov](#) to apply online.

DisasterAssistance.gov

[Home | disasterassistance.gov](https://www.disasterassistance.gov)

Offers information about local resources for disasters, including: FEMA Disaster Recovery Centers (DRCs), Red Cross, food, shelter, state emergency management agencies, and hospital locators.

To determine if individual disaster assistance is available through FEMA, please visit the website and enter the address.

To locate your local state emergency management agency for disaster information and updates, please visit: [Search Your Location | FEMA.gov](#)

American Red Cross National

(800) 733-2767

[American Red Cross | Help Those Affected by Disasters](#)

National Weather Service

Weather alerts by state are available at: [Active Alerts \(weather.gov\)](#).

The Weather Channel

Local forecasts and severe weather.

[National and Local Weather Radar, Daily Forecast, Hurricane and information from The Weather Channel and weather.com](#).

Safe Travel USA

[SafeTravelUSA](https://www.safetravelusa.com)

National Traffic And Road Closure Information

[National Traffic and Road Closure Information | Federal Highway Administration \(dot.gov\)](#)

Free Help Line

Optum, a leading health and behavioral health services company, is offering a free emotional-support help line.

The toll-free number, 866-447-3573, will be open Monday-Friday, 8am-8pm CST. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters.

Along with the toll-free help line, emotional-support resources and information are available online at <https://www.liveandworkwell.com>.