



Florida State University Emergency 04/17/2025

Office of the Governor

Governor Ron Desantis

400 S. Monroe St.

Tallahassee, FL 32399

(850) 817-9337

[Governor Ron DeSantis | Executive Office of the Governor](#)

[Governor Desantis Facebook](#)

No statements have been released by Governor Desantis at this time.

Office of the Mayor

Mayor John Dailey

300 South Adams Street

Tallahassee, FL 32301

(850) 891-8181

[City Leadership | City Leadership](#)

[Tallahassee: The Hype is Real](#)

No statements have been released by Mayor Dailey at this time.

Local Mental Health Crisis Line

Florida State University Counseling and Psychological Services

250 Askew Student Life Building

942 Learning Way

Tallahassee, FL 32306

(850) 644-8255

[Counseling & Psychological Services](#)

[FSU First Year Abroad: The World is Your Classroom](#)

Local Police Department

Florida State University Police Department
830 West Jefferson St.
PO Box 3064215
Tallahassee, FL 32306
(850) 644-1234
[Florida State University Police Department](#)
[FloridaState - YouTube](#)
[Florida State University Instagram](#)

Tallahassee Police Department
234 E. 7th Ave.
Tallahassee, FL 32303
(850) 891-4200
[Tallahassee Police Department | Public Safety](#)
[Tallahassee Police Department - YouTube](#)

As of 4/17/25 no statements have been released by the local authorities at this time.

United Way/211 Information and Referrals Lines

These information and referral lines may know of additional resources currently providing assistance, such as food pantries, clothing closets, emergency shelters, and agencies offering financial assistance. Please call and provide your zip code and demographic information in order to receive referrals.

[Home - 211 Big Bend](#)

National Suicide Prevention Lifeline

(800) 273-8255
[988 Suicide & Crisis Lifeline - Call. Text. Chat. \(988lifeline.org\)](#)

Substance Abuse & Mental Health Services Administration Disaster Distress Helpline

(800) 985-5990
National mental health helpline that is available to those who have experienced a natural or human caused disaster. The helpline is available 24 hours per day, 7 days per week. The counselors can provide support and referrals to local resources.

Suggestions for Meditation and Breathing Apps

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- Calm - Available for iOS and Android
 - UCLA Mindful - Available for iOS and Android
 - Smiling Mind - Available for iOS and Android

Helpful Articles and Resources

- **National Institute of Mental Health**
Coping with Traumatic Events
[NIMH » Coping With Traumatic Events \(nih.gov\)](https://www.nimh.nih.gov/health/publications/coping-with-traumatic-events/index.shtml)
- **Centers for Disease Control and Prevention (CDC)**
“Coping with a Traumatic Event”
[Coping with a Disaster or Traumatic Event \(cdc.gov\)](https://www.cdc.gov/trauma/03_coping_with_a_disaster_or_traumatic_event/index.html)
- **American Psychological Association**
“How to talk to children about difficult news”
[How to talk to children about difficult news \(apa.org\)](https://www.apa.org/parents/trauma/03_how_to_talk_to_children_about_difficult_news)
- **American Academy of Child & Adolescent Psychiatry**
[Disaster and Trauma Resource Center \(aacap.org\)](https://www.aacap.org/trauma/03_disaster_and_trauma_resource_center)

Free Help Line

Optum, a leading health and behavioral health services company, is offering a free emotional-support help line.

The toll-free number, 866-447-3573, will be open Monday-Friday, 8am-8pm Central Time. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters.

Along with the toll-free help line, emotional-support resources and information are available online at: <https://www.liveandworkwell.com>.