



ASAM

American Society of
Addiction Medicine

Licensee's use and interpretation of the American Society of Addiction Medicine's ASAM Criteria for Addictive, Substance-Related, and Co-Occurring Conditions does not imply that the American Society of Addiction Medicine has either participated in or concurs with the disposition of a claim for benefits.

This excerpt is provided for use in connection with the review of a claim for benefits and may not be reproduced or used for any other purpose.

Copyright 2015 by the American Society of Addiction Medicine. Reprinted with permission. No third party may copy this document in whole or in part in any format or medium without the prior written consent of ASAM."

Interventions

Interventions offered at Level 0.5 may involve individual, group, or family counseling, SBIRT services, as well as planned educational experiences focused on helping the individual recognize and avoid harmful or high-risk substance use and/or addictive behavior.



ASSESSMENT

At Level 0.5, screening to rule in or rule out substance-related or addictive disorders and sufficient assessment of the dimen-

sional risk and severity of need is performed prior to services, and may continue throughout the process of delivering services.



DOCUMENTATION

Documentation standards for Level 0.5 programs include progress notes in the individual's record that clearly indicate assessment findings, attendance, and significant clinical events, particularly those that require further assessment and referral.



ADULT DIAGNOSTIC ADMISSION CRITERIA

The individual who is an appropriate candidate for Level 0.5 services evidences problems and risk factors that appear to be related to substance use or addictive behavior. However, the individual does not meet the diagnostic criteria for a substance use or addictive disorder, as defined in the current *Diagnostic and Statistical Manual of Mental Disorders (DSM)* of the American Psychiatric Association or other standardized and widely accepted criteria, or there is currently insufficient information to perform a diagnostic assessment.



ADULT DIMENSIONAL ADMISSION CRITERIA

The individual who is appropriately cared for at Level 0.5 meets at least **one** of the specifications in Dimensions 4, 5, or 6. Any identifiable problems in Dimensions 1, 2, or 3 are stable or are being addressed through appropriate outpatient medical or mental health services.

1

DIMENSION 1:

Acute Intoxication and/or Withdrawal Potential

See separate withdrawal management chapter for how to approach "unbundled" withdrawal management for adults.

2

DIMENSION 2:

Biomedical Conditions and Complications

The individual's biomedical conditions and problems, if any, are stable or are being actively addressed, and thus will not interfere with therapeutic interventions.

3

DIMENSION 3:

Emotional, Behavioral, or Cognitive Conditions and Complications

The individual's emotional, behavioral, or cognitive conditions and complications, if any, are being addressed through appropriate mental health services, and thus will not interfere with therapeutic interventions.

4

DIMENSION 4:

Readiness to Change

The individual expresses willingness to gain an understanding of how his or her current addictive behavior and/or use of alcohol, tobacco, and/or other drugs may be harmful or impair his or her ability to meet responsibilities and achieve personal goals. This could also include those individuals who are ambivalent about exploring how their current behavior or use of alcohol and other drugs may be harmful or impairing, or those whose motivation is to achieve some goal other than the modification of their substance use behaviors (eg, having their driving privileges restored).

ADULT DIMENSIONAL ADMISSION CRITERIA (CONTINUED)**5****DIMENSION 5:**
Continued Problem PotentialThe individual's status in Dimension 5 is characterized by (a) **or** (b):

- a. The individual does not understand the need to alter his or her current behavior or pattern of use of alcohol, tobacco, and/or other drugs to prevent harm that may be related to such use or behavior;
- or**
- b. The individual needs to acquire specific skills needed to change his or her current pattern of use or behavior.

6**DIMENSION 6:**
Living EnvironmentThe individual's status in Dimension 6 is characterized by at least (a) **or** (b) **or** (c) **or** (d):

- a. The individual's social support system is composed primarily of persons whose substance use or addictive behavior patterns prevent them from meeting social, work, school, or family obligations;
- or**
- b. The individual's family member(s) currently is/are addictively using alcohol or other drugs (or has/have done so in the past), thereby heightening the individual's risk for a substance use disorder;
- or**
- c. The individual's significant other expresses values concerning addictive behavior and/or alcohol or other drug use that create serious conflict for the individual;
- or**
- d. The individual's significant other condones or encourages high-risk addictive behavior and/or use of alcohol or other drugs.

NOTE

In Level 0.5, the titles of Dimension 5 and Dimension 6 are slightly different compared to the other benchmark levels of care. Because the individual does not meet the diagnostic criteria for a substance use or addictive disorder in Level 0.5 (see Diagnostic Admission Criteria), concepts such as "relapse" and "recovery" are not applicable. See the descriptions of Dimensions 5 and 6 in Chapter 3 for more information.

a**ADOLESCENT DIAGNOSTIC ADMISSION CRITERIA**

The adolescent who is an appropriate candidate for Level 0.5 services evidences problems and risk factors that appear to be related to substance use or addictive behavior. However, the individual does not meet the diagnostic criteria for substance use or addictive disorder, as defined in the current *Diagnostic and Statistical Manual of Mental Disorders (DSM)* of the American Psychiatric Association or other standardized and widely accepted criteria, or there is currently insufficient information to perform a diagnostic assessment.