



Mass4You – Your Employee Assistance Program

Request for Management Consultations

Mass4You – Your Employee Assistance Program provides Management Consultations to managers. Managers have access to unlimited telephonic and email to management support services.

The process below outlines the process for requesting management consultations.

1. Call Optum at (844) 263-1982, and select option 3.
2. Optum's EAP Specialist obtains contact information and initial details and refers to a Management Consultant team.
3. Management Consultant team receives request and makes outbound call to you to provide management support services.