Optum

Baltimore Bridge Collapse March 26, 2024

Office of the Governor

Wes Moore 100 State Circle Annapolis, MD 21401 410-974-3901 Office of Governor Wes Moore (maryland.gov) Governor Wes Moore | Facebook Governor Wes Moore (@GovWesMoore) / X (twitter.com)

"Governor Moore Statement on the Collapse of the Francis Scott Key Bridge

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ANNAPOLIS, MD—Governor Wes Moore released the following statement on the collapse of the Francis Scott Key Bridge:

My office is in close communication with U.S. Transportation Secretary Pete Buttigieg, Baltimore Mayor Brandon Scott, Baltimore County Executive Johnny Olszewski, and the Baltimore Fire Department as emergency personnel are on the scene following the collapse of the Francis Scott Key Bridge.

I have declared a State of Emergency here in Maryland and we are working with an interagency team to quickly deploy federal resources from the Biden Administration.

We are thankful for the brave men and women who are carrying out efforts to rescue those involved and pray for everyone's safety.

We will remain in close contact with federal, state, and local entities that are carrying out rescue efforts as we continue to assess and respond to this tragedy."

Office of the Mayor

Brandon Scott City Hall - Room 250 100 N. Holliday St, Baltimore, MD 21202 (410) 396-3100 <u>Mayor Brandon M. Scott (baltimorecity.gov)</u> <u>Mayor Brandon M. Scott | Facebook</u> Brandon M. Scott (@MayorBMScott) / X (twitter.com)

"Mayor Scott Issues State of Emergency

BALTIMORE, MD (Tuesday, March 26, 2024) — Mayor Brandon M. Scott has issued an Executive Order declaring a State of Emergency in Baltimore City in response to the Francis Scott Key Bridge collapse incident that took place this morning. The Executive Order mobilizes the City of Baltimore's Emergency Operations Plan to deploy emergency resources to protect the persons affected by the incident and expands the resources available to tackle the emergency situation.

This State of Emergency is in effect starting 9:00 a.m. on Tuesday, March 26, 2024, and will remain in place for thirty days, subject to renewal or cancellation as conditions warrant."

Local Mental Health Crisis Line

Baltimore County Crisis Mental Health System 6401 York Road, Third Floor Baltimore, Maryland 21212 (410) 931-2214 Behavioral and Mental Health Services - Baltimore County (baltimorecountymd.gov) Crisis Mental Health System | Baltimore MD | Facebook Baltimore County (@BaltCoGov) / X (twitter.com)

Local Police Department

Baltimore Police Department-Central District 501 N. Calvert Street Baltimore, MD 21202 (410) 396-2411 <u>Central District | Baltimore Police Department</u> Baltimore Police Department- Central District | Baltimore MD | Facebook Baltimore Police Department- Eastern District 1620 Edison Highway Baltimore, MD 21213 (410) 396-2433 Eastern District | Baltimore Police Department Baltimore Police Department- Eastern District | Facebook

Baltimore Police Department- Western District 1034 N. Mount Street Baltimore, MD 21217 (410) 396-2477 <u>Western District | Baltimore Police Department</u> Baltimore Police Department- Western District | Baltimore MD | Facebook

Baltimore Police Department- Northern District 2201 W. Cold Spring Lane Baltimore, MD 21215 (410) 396-2455 <u>Northern District | Baltimore Police Department</u> Baltimore Police Department- Northern District | Baltimore MD | Facebook

Baltimore Police Department- Northeastern District 1900 Argonne Drive Baltimore, MD 21218 (410) 396-2444 <u>Northeastern District | Baltimore Police Department</u> Baltimore Police Department- Northeastern District | Baltimore MD | Facebook

Baltimore Police Department- Northwestern District 5271 Reisterstown Road Baltimore, MD 21215 410.396.2466 <u>Northwestern District | Baltimore Police Department</u> Baltimore Police Department- Northwestern District | Baltimore MD | Facebook

Baltimore Police Department- Southern District 10 Cherry Hill Road Baltimore, MD 21225 (410) 396-2499 Southern District | Baltimore Police Department Baltimore Police Department- Southern District | Baltimore MD | Facebook Baltimore Police Department- Southeastern District 5710 Eastern Avenue Baltimore, MD 21224 (410) 396-2422 <u>Southeastern District | Baltimore Police Department</u> Baltimore Police Department- Southeastern District | Baltimore MD | Facebook

Baltimore Police Department- Southeastern District 424 Font Hill Avenue Baltimore, MD 21223 (410) 396-2488 Southwestern District | Baltimore Police Department Baltimore Police Department- Southwestern District | Baltimore MD | Facebook

United Way/211 Information and Referrals Lines

These information and referral lines may know of additional resources currently providing assistance, such as food pantries, clothing closets, emergency shelters, and agencies offering financial assistance. Please call and provide your zip code and demographic information in order to receive referrals.

United Way of Central Maryland Dial 211 or 410-685-0525 Text your zip code to 898 211 Home | Nonprofit in Greater Baltimore | United Way of Central Maryland (uwcm.org)

National Suicide Prevention Lifeline

(800) 273-8255 988 Suicide & Crisis Lifeline - Call. Text. Chat. (988lifeline.org)

Substance Abuse & Mental Health Services Administration Disaster Distress Helpline

(800) 985-5990

National mental health helpline that is available to those who have experienced a natural or human caused disaster. The helpline is available 24 hours per day, 7 days per week. The counselors can provide support and referrals to local resources.

Suggestions for Meditation and Breathing Apps

- Self Care by AbleTo Available for iOS and Android
- UCLA Mindful Available for iOS and Android
- Smiling Mind Available for iOS and Android

Helpful Articles and Resources

- National Institute of Mental Health
 Coping with Traumatic Events
 <u>NIMH » Coping With Traumatic Events (nih.gov)</u>
- Centers for Disease Control and Prevention (CDC) "Coping with a Traumatic Event" Coping with a Disaster or Traumatic Event (cdc.gov)
- American Psychological Association
 "How to talk to children about difficult news"
 How to talk to children about difficult news (apa.org)
- American Academy of Child & Adolescent Psychiatry Disaster and Trauma Resource Center (aacap.org)

Free Help Line

Optum, a leading health and behavioral health services company, is offering a free emotional-support help line.

The toll-free number, 866-447-3573, will be open Monday-Friday, 8am-8pm Central Time. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters.

Along with the toll-free help line, emotional-support resources and information are available online at: <u>https://www.liveandworkwell.com</u>.